

Chesapeake Grill

Gluten-Free Options

Salads

Gourmet Salad House Salad with Grilled Chicken
Greek Salad with Grilled Chicken
Tuna or Chicken Salad Platter
Bay Salad with Broiled Shrimp

Sandwiches

All sandwiches come with the option to remove bread, and include another side. Unfortunately, at this time, we do not offer gluten-free bread.

Salad Bar

Please check with your server for availability, as our salad bar is consistently renewed. Please ask your server for details, as some vegetable salads may include vinegar.

Lettuce (Romaine & Iceberg & Red Cabbage)
Carrots
Green Peppers
Cucumbers
Grape Tomatoes
Red Onions
Hard-Boiled Eggs
Coleslaw
Potato Salad
Zucchini Salad
Green Bean Salad
Three Bean Salad
Shredded Cheddar Cheese

According to our manufacturer, our dressings are made with wine vinegar and apple cider vinegar, which are not made from barley. Balsamic vinegar on the bar may have traces of gluten.

Seafood

All seafood that is not stuffed or fried is gluten-free.

Broiled Deep Sea Scallops
Broiled Gulf Shrimp
Broiled Filet of Flounder
Build Your Own Duo
Shrimp & Chicken Creole over rice

Poultry Entrees

Charbroiled Chicken
Mediterranean Chicken
Sizzling Chicken Fajita (no tortilla)
Shrimp & Chicken Creole over rice
BBQ Chicken

Steaks

All Steaks are Gluten-Free without gravy. We do offer au jus as an alternative.

NY Strip 8oz. / 12oz.
Ribeye Steak 12oz.
Beef Liver (no gravy, no flour)
Chopped Steak (no gravy)
Sizzling Steak Fajita (no tortilla)

Specials

Specials change daily; please ask your server for availability.

Stuffed Peppers with Potatoes
Beef Stew over Rice
Chicken Stew over Rice
BBQ Ribs & Chicken
Catch of The Day

All-Day Breakfast

All Breakfast dishes include homefries as well as applesauce or sliced tomatoes.

Two Eggs
Two Eggs with Meat
Three Eggs
Three Eggs with Meat

NY Steak & Eggs
Ham Steak & Eggs

Bowl/Cup of Fruit Cocktail

Vegetable Omelette (peppers, onions, tomatoes, mushrooms)

Country Omelette (bacon, sausage, ham, onions, peppers, and mushrooms)

Spanish Omelette (peppers, onions, tomatoes, mushrooms, and marinara sauce)

Meatlover's Omelette (ham, bacon, sausage)

Florentine Omelette (feta & spinach)

Western Omelette (peppers, onions, ham)

Greek Omelette (feta & tomatoes)

Seafood Omelette (crab & shrimp)

Cheese Omelette

Pepper Onion Omelette

Mushroom Omelette

Broccoli Omelette

Spinach Omelette

Italian Sausage Omelette

Corned Beef Hash Omelette

Bacon Omelette

Sausage Omelette

Ham Omelette

*To the best of our knowledge, all above items are Gluten-free. However, Chesapeake Grill cannot be held responsible or changes in ingredients from the manufacturer, as we are typically not made aware of such changes. *